

# SVMA Member Wellness Program



The SVMA began subsidizing professional counselling services for members in 2012. Professional Psychologists and Counsellors (PPC) is based in Saskatoon and provides over 40 therapists across the province by referral.

The **Member Wellness Program** features:

✓ **No cost!**

The Wellness Program is a members' service included with your SVMA registration. There is no additional cost.

✓ **Open to all SVMA members**

As of March 01, 2017, the program is open to all active SVMA members - general, life practising and non-practising, educational, short term, sabbatical, and social.

✓ **Open to RVTs**

SK Registered Veterinary Technologists are also eligible to access the counselling service.

✓ **No waiting period for eligibility**

All members are eligible immediately upon licensing.

✓ **Registered mental health professionals**

Services are provided by registered psychologists and social workers only. Although PPC has one centralized intake (for quality control), counselling services are available in the following cities:

- |              |                 |                    |
|--------------|-----------------|--------------------|
| • Regina     | • Saskatoon     | • Weyburn          |
| • Moose Jaw  | • Prince Albert | • Coronach         |
| • Yorkton    | • La Ronge      | • North Battleford |
| • Kindersley | • Estevan       | • Lloydminster     |

If a member has someone different they would like to see in their area, PPC can arrange the counselling coverage with that therapist, providing they are registered and insured.

✓ **Four (4) counselling hours per calendar year**

These four hours are enough to ensure those who desire to do so can get started on a counselling program. Additional hours are typically covered by a member's extended health plan.

✓ **Program pays up to \$120 per visit.**

Please keep in mind that therapists charge differing rates, and costs over and above the \$120 per hour limit will need to be paid by the member.

✓ **As of November 01, 2017, the program will pay up to \$500 for in-practice mediation services.**

If you are having issues between practice staff members and mediation can help, the program will cover that. Costs beyond \$500 will have to be borne by the practice.

Contact Professional Psychologists & Counsellors (PPC) and provide your SVMA or SAVT licence number. PPC will provide intake, sourcing, vetting, referral and payment to the therapist. At no time will SVMA know the identity or geographic area of persons using the service. PPC bills SVMA for all services anonymously, ensuring complete privacy. For more information or to make an appointment, contact:

**Professional Psychologists & Counsellors (PPC)**

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[www.peopleproblems.ca](http://www.peopleproblems.ca)