# **SVMA** Member Wellness Program



The SVMA began subsidizing professional counselling services for members in 2012. Professional Psychologists and Counsellors (PPC) is based in Saskatoon and provides over 40 therapists across the province by referral.

## Coverage features:

### Registered mental health professionals

Services are provided by registered psychologists and social workers only. Although PPC has one centralized intake (for quality control), counselling services are available in the following cities:

- Regina
- Moose Jaw
- Yorkton
- Kindersley
- Saskatoon
- Prince Albert
- La Ronge
- Estevan

- Weyburn
- Coronach
- North Battleford
- Lloydminster

If a member has someone different they would like to see in their area, PPC can arrange the counselling coverage with that therapist, providing they are registered and insured.

### Four (4) counselling hours per calendar year

These four hours are enough to ensure those who desire to do so can get started on a counselling program. Additional hours are typically covered by a member's extended health plan.

### Program pays up to \$120 per visit.

Please keep in mind that therapists charge differing rates, and costs over and above the \$120 per hour limit will need to be paid by the member.

#### As of March 01, 2017, parameters for access to the professional wellness service have changed as follows:

- The program is open to all active members general, life practising and educational. Short term, sabbatical, social and life non-practising are now also eligible.
- There will no longer be a six-month waiting period from date of granting licence. Members are now eligible immediately upon licensing.
- SK Registered Veterinary Technologists are now eligible to access the counselling service.

Members can access this service by contacting Professional Psychologists & Counsellors (PPC) at 306.664.0000 and providing their SVMA or SAVT licence number. PPC will provide intake, sourcing, vetting, referral and payment to therapist. At no time will SVMA know the identity or geographic area of persons using the service. PPC will bill SVMA for all services ensuring complete anonymity.

For more information or to make an appointment, contact:

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1118 College Drive
Saskatoon, SK S7N oW2
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Fax (306)664-0037
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